

ID Waiver Provider Modules

1. Overview of the ID and DS Waivers
2. Becoming an ID Waiver Provider
3. **Supporting People in the ID and DS Waivers**
4. Introduction to Planning
5. Residential Services
6. PA, Respite and Companion – Agency-Directed
7. Employment and other Day Services
8. Crisis Stabilization and Supervision
9. Assistive Technology, Environmental Modifications and Transition Services
10. Skilled Nursing
11. Personal Emergency Response System
12. Consumer Directed Services and Services Facilitation
13. Therapeutic Consultation
14. Preauthorization and Reimbursement
15. Monitoring and Oversight

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Common Acronyms

- DSP =Direct Support Professional
- PCP = Person-centered Practices
- ID = Intellectual Disability
- DS = Day Support
- DDS = Division of Developmental Services

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Values that Support Life in the Community

- **Virginia's 5 PC Principles**
- **Person-Centered Thinking**
- **Person-Centered Planning**
- **Dignity of Risk**
- **Community Connections**
- **Natural Supports**

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Values that Support Life in the Community

- Work
- Alternatives to Restrictive Programs
- Personal Choice and Decision Making
- Respect
- Individual Rights
- Confidentiality

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Virginia's 5 Principles of PC Practices



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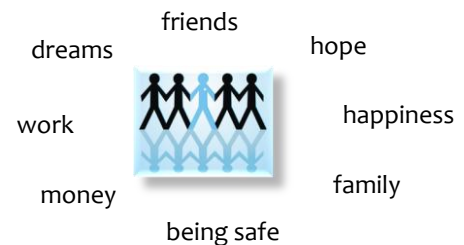
Vision for Virginia

We see a Virginia where individuals of all ages and abilities have the supports we need to enjoy the rights of life, liberty, and pursuit of happiness and the opportunity to have a good life.



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Having a good life means different things to different people.



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We believe a good life is best led by the individual following these person-centered principles.



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Virginia's 5 PC Principles

Listening

Individuals are listened to and their choices respected

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Virginia's 5 PC Principles

Listening

Community

Relationships with family, friends, and people in the community are supported.

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Virginia's 5 PC Principles

Listening

Community

Self-Direction

Talents & Contributions

Individuals have opportunities to use their gifts and talents.

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Virginia's 5 PC Principles

Listening

Community

Self-Direction

Talents & Contributions

Responsibility

There is a
shared
responsibility
for supports
and choices.

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People want supporters who...

Are respectful and polite
Are flexible and creative
Respond quickly
Keep promises
Seek win-win solutions
Are honest and person-centered
Are good listeners and communicators

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Person-Centered Thinking



- see the person, not the disability
- listen to and respect the person's choices and preferences
- balance what's important TO someone with what's important FOR them
- record what's learned to improve the support provided

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Person-Centered Planning

- plan WITH the person using a team approach
- listen and contribute
- continue listening and learning to improve the supports and the person's plan

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Dignity of Risk

- assure typical experiences in life
- support informed decisions
- understand your role
- safely support risk



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Community Connections

- support people to be involved in their community
- encourage independence and participation
- find community opportunities and resources for the person to connect with friends, neighbors and other community members



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Natural Supports

- learn who people want to be around
- connect people by interest not disabilities
- help locate and nurture unpaid relationships



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Work

- talk to individuals about work
- understand the benefits of work
- focus on employment first!



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Virginia's 5 PC Principles

Listening

Community

Self-Direction

Personal
informed
choice and
control are
supported.

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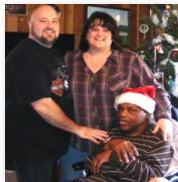
Alternatives to Restrictive Programs

- focus on community, avoiding separation or special groups
- support the person's ability to contribute
- encourage finding meaningful work

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Personal Choice and Decision Making

- listen to preferences as choices
- encourage and honor choices big and small
- help the person consult with others



Respect

- honor people's rituals and routines
- learn backgrounds and cultures
- encourage talking for oneself
- ask permission when supporting
- don't use jargon and labels



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Individual Rights

- understand human rights policies and consult with a supervisor when there are concerns
- report concerns of abuse or neglect
- include others in decisions involving risk

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Confidentiality

- be aware of privacy rights
- do not discuss individuals' personal information without permission
- are sensitive to how individuals are introduced in the community

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ID Definition

Intellectual disability is a disability characterized by significant limitations both in intellectual functioning and in adaptive behavior, which covers many everyday social and practical skills. This disability originates before the age of 18.

AAIDD

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Myths & Misconceptions

People with intellectual or other developmental disabilities are all alike and all require the same supports.

People with intellectual or other developmental disabilities are ill or sick.

People with intellectual/developmental disabilities need specialized services to meet all of their needs.

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Remember...

- see the individual not the disability
- be creative, taking each person's wishes seriously
- be positive and don't let history get in the way
- be a model for others



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Communication

- Don't assume that not speaking means not understanding
- Listen to what people say with their words **and** their actions
- Ask questions in different ways
- Politely encourage others to speak with the individual

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Communication

- Always refer to the person first not their disability
- Take the time to understand what someone is saying through his actions
- Model age-appropriate and positive communication



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Positive Behavioral Supports

PBS is the preferred DBHDS approach to supporting individuals with behavioral concerns.

Person-centered and focuses on:

- Changing the surroundings and supports
- Teaching new skills that increase choice/control



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Positive Behavioral Supports

PBS has four basic values:

- Respect for the rights of ALL citizens
- The importance of the individual
- Dignified treatment of people
- Assurance that individuals with disabilities are not abused and neglected

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Remember...

- Follow PBS plans
- See all behavior as communication
- Seek ways to increase choice and control
- Teach new, positive ways of meeting needs



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Health & Safety

Be mindful that...

- All people need good nutrition and exercise
- Staying clean is important for good looks and to have value
- Routine healthcare helps all people stay healthy



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Health & Safety

Be mindful that...

- Know each person's specific health needs
- Know how to safely support the use of assistive technology
- Always watch for warning signs of illness and know how to respond.



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Available Resources:**Department of Behavioral Health and
Developmental Services**

- Division of Developmental Services
- Offices of Licensing and Human Rights

[http://www.dbhds.virginia.gov/
Default.htm](http://www.dbhds.virginia.gov/Default.htm)